



CSMSS AYURVED MAHAVIDYALAYA & RUGNALAYA

Kanchanwadi, Aurangabad.



ISO 21001: 2018

DEPT. SAMHITA SIDDHANT

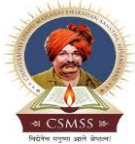
: Resume (CV) :
Personal Information



Full Name	:	Dr. Smita Ratnadeep Aswar	
Father's Name / Husband Name	:	Mr. Vijay V. Dhurde /Dr. Ratnadeep Aswar	
Mother's Name	:	Mrs. Meenakshi V. Dhurde	
Gender	:	Female	Blood Group : O Rh +ve
Marital Status	:	Married	
Date Of Birth (In Words & Figure):	:	06/11 /1965	Six November Nineteen Sixty Five
Native Address	:	C/o Dr. R. B. Aswar, 'Deep', plot no. 3 Narendra co-op. Hsg. Society N-7, CIDCO, Chh. Sambhajinagar, 431003	
Present Address Pin Code	:	C/o Dr. R. B. Aswar, 'Deep', plot no. 3 Narendra co-op. Hsg. Society N-7, CIDCO, Chh. Sambhajinagar, 431003	
Mobile No.	:	9011000904	
E-Mail Id	:	smitaswar6@gmail.com	

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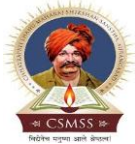
Qualification	:	B.A.M.S.; M.D.(Samhita);Ph.D.(Samhita)
Name of Department	:	Samhita Siddhanta and Sanskrit
Post Held (Designation)	:	H.O.D. & Professor
MCIM Regd. No.	:	I-20396 A-1 (Maharashtra council of Indian Medicine)
Teacher Code No.	:	AYSS00319
Language Proficiency	:	Marathi, English, Hindi
Nationality / Category (Type)	:	Indian/ O.B.C.
Aadhar Card No.	:	972161567362

Educational Qualification Details :

Sr. No.	Examination Passed	Name of Board / University	Year of Passing	Obtained Marks	Percentage / Grade
01	SSC (10 th)	Maharashtra	1980	78%	Distinction
02	HSC (12 th)	Maharashtra	1982	65%	First
03	UG Degree B.A.M.S.	Nagpur	1988	66%	First
04	PG Degree Ph.D.	Nagpur Sampurnanand Sanskrit University, Varanasi	1992 2009	- -	- -

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					-
05	Diploma	-	-	-	-

Additional Educational Qualification Details :

Sr. No.	Examination Passed	Name of Board / University	Year of Passing	Obtained Marks	Percentage / Grade
01	Ph.D.	Sampurnanand Sanskrit University, Varanasi	2009	-	-
02	MS-CIT	Maharashtra state board of technical education, Mumbai	2006	78	First

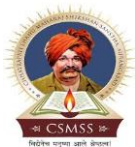
Teaching Experience

Sr. No	Designation	Name of Institute	From	To	Total
01	Assistant Professor	C.S.M.S.S. Ayurved college ,Aurangabad	01/02/1992	16/05/2003	11Years 03months & 15days.
02	Associate	C.S.M.S.S. Ayurved	17/05/200	18/01/200	05Years 08months

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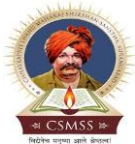
	Professor	college ,Aurangaba d	3	9	& 01day.
03	Professor	C.S.M.S.S. Ayurved college ,Aurangaba d	19/01/200 9	Till Date	16Years 06Months,25 days
03	MD GUIDE	C.S.M.S.S. Ayurved College ,Aurangabad	22/02/2008	Till date	17Years,05Months,22day s
04	PhD GUIDE	C.S.M.S.S. Ayurved College ,Aurangabad	23/06/2017	Till date	8Years, 1Month, 21 days

1) Roll In College Committee

Sr. No.	Name of Committee	Position in Committee	Period	
			From	To
01	Woman's complaint committee.	Chairman	2014	2016
02	Student's welfare committee. College council committee.	Chairman Member	2016	2017
03	Student's welfare committee. Research & scientific committee. College council committee. P.G. academic committee.	Chairman Member Member Member	2017	2018

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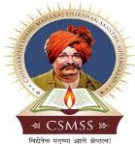
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04	Student's welfare committee. Research & scientific committee. College council committee. P.G. academic committee.	Chairman Member Member Member	2018	2019
05	Student's welfare ,Career counseling committee. Research society & scientific review committee. College council committee. P.G. academic committee. College development committee. Board of research studies. Research advisory committee.	Chairman Member Member Member Member Member Member	2019	2020
06	Student's welfare ,Career counseling committee. Research society & scientific review committee. College council committee. P.G. academic committee. College development committee. Board of research studies. Research advisory committee. code of conduct	Chairman Member Member Member Member Member Member Member	2020	2021
07	Student's welfare ,Career counseling committee. Research society & scientific review committee. College council committee. P.G. academic committee. College development committee. Board of research studies. Research advisory committee. code of conduct	Chairman Member Member Member Member Member Member Member	2021	2022

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08	Student's welfare ,Career counseling committee. Research society & scientific review committee. College council committee. P.G. academic committee. College development committee. Board of research studies. Research advisory committee. code of conduct	Chairman Member Member Member Member Member Member Member	2022	2023
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2) Roll In University Committee (Appointments / Work)

Sr. No.	University Work Details	Position	Period
01	Practical examiner, Convener	-	Since Year 2000.
02	Subject expert	-	Since Year 2000.
03	Paper evaluator Paper setter Paper moderator	-	Since Year 2000.
04	Book Evaluator	-	2015
05	Synopsis evaluator	-	2018
06	Dissertation evaluator	-	Since 2011
07	LIC committee member	-	Feb.2020,2021
08	LIC committee	Chairman	1 Aug. 2022

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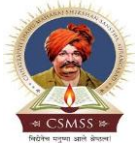
3) (A) Research Achievement (Article / Paper)

Sr No.	Title	Name of Journal	ISSN / ISBN No.	Month / Year
01	Parasurgical procedure for Pedunculated growth-Ksharsutra legation.	Crystal	Peer reviewed	July – Sept.201 2
02	Samhitokta conceptual review of marma and pranayatana.	IAMJ	2320 5091	August 2015
03	Concept of avarana in brihadatrayee	IAMJ	2320 5091	Septembe r 2015
04	Importance of doing daily abhyanga.(oil massage)	AIIRJ	2349-638X	Septembe r2017
05	Different hetus of hridrog.	AIIRJ	2349-638X	Novembe r 2016
06	Patho-physiology of hypothyroidism and their Ayurvedic management.	AIIRJ	2349-638X	Novembe r 2016
07	Management of diet in Sthaulya in according to Ahar Vidhi Visheshayatan – A literary study.	AIIRJ	2349-638X	June 2018
08	Patho- Physiology of Rheumatoid Arthritis (Amavata) And Their	AIIRJ	2349-638X	June 2018

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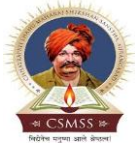
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	Ayurvedic Management.			
09	Ayurveda as a science.	Aiirj	2349-638x	June 2018
10	A Critical Analysis on Clinical Perspective on Virechana with Special Reference to Bruhat Trayee.	AIIRJ	2349-638X	June 2018
11	Review on Premature Greying of Hair (Palitya) – An Ayurvedic Approach.	AIIRJ	2349-638X	June 2018
12	Literary study of adilopa arthasraya madhyalopa arthasraya	AIIRJ-	ISSN2349-638X	June2019
13	Concept of ‘Bramhe Muhurate Uttishtet’ and its health benefits	JSSS	ISSN 2454-3926	Jan 2020
14	Concept of Immunity in Ayurvedic Perspective	IJA	ISSN 2456-6640	JAN 2020
15	An observational study of mutra vega dharan as a hetu in Shirashula	AIIRJ	ISSN2349-638X	FEB 2020
16	Basic concept of vatavyadhi chikitsa-an over view	IJPO	ISSN 2582-4708	JUN2020
17	Role of Ayurved in lifestyle disorder	Ayurved patrika	ISSN 2278-0726	JULY 2020

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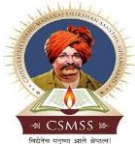
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18	Suvarnaprashana and kutipravesnik rasayana similarities	IJRAMS	ISSN 2582-2748	JULY2020	
19	A single casestudy onmanagementof durdagdhavranawithbahiparim arjanchikitsa.	AIIRJ	ISSN2349-638X	2020	
20	Review of sadvrutta wsr buddha darshan	AIIRJ	2349-638X	JAN. 2021	
21	The management of kshina shukra dhatu in ayurveda w.s.r. To oligospermia.	IJR	2456-6640	JAN. 2021	
22	A Literary Review Of Paapkarm/ Sinful deeds w.s.r. To Ayurveda.	IJA	ISSN 2456-6640	MARCH 2021	
23	Conceptual study of ksheerpaka kalpana from Ashtang Hridaya	WJPPS	2278-4357	MARCH 2021	
24	Janapadodhvamsa in ayurveda-aliterarry review	WJPMR	12455-330	MAY 2021	
25	Conceptual study on swasthchatushka	VIDYASEA RCH	2278-7348	MAY 2021	

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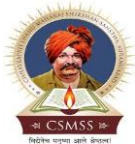
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26	Effect of triguna on human behavior.	WIPPS	2278-4357	JUNE2021
27	A protocol on association between madhumeha (diabetes mellitus Type –ii) and risk factors insight ayurveda in population of Different deha prakriti(body constitution)-a case control study	Wutan Huatan Jisuan Jishu	1001-1749	JUNE 2022
28	Importance of aahar vidhi vishesh aayatan according to charak samhita in modern era	WJPR	2277– 7105	MAY 2022
29	Conceptual Study View on Aahara Vidhi Vidhana	VIDYASEA RCH	2278 - 7348	MAY 2022
30	A review on the association of aahar with mental health	IJRAP	ISSN Online:2229– 3566, ISSN Print:2277– 4343)	JULY 2022
31	Role of mahamanjishtadi kwath with local application of kesar and haridra in Mukhadushika with special reference to acne vulgaris: a case study	IJRAP	ISSN Online:2229– 3566, ISSN Print:2277– 4343)	JULY 2022
32	Ayurvedic management of visarpa with special reference to herpes zoster: A case study	Ijrap	Issn online:2229– 3566, issn print:2277– 4343)	October 2022
33	The scope of	JPP	ISSN 2349-	JULY

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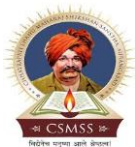
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	Daivapurushkarvada in Ayurveda- Areview		8234	2023
34	A critical review of the applied aspect of shadvidhaupakram.	Ijrap	ISSN- 2229-3566	September 2023
35	Tantrayukti – Significance of Tantrayukti in Literary research	IJNRD	ISSN 2456-4184	October 2023
36	Prospective clinical study to evaluate efficacy of Vasantkusumakar ras on Psychological health of patients of Madhumeha.	IJAM	ISSN 0976-5921	2023
37	A comprehensive study of Paradi gunas in Ayurveda pharmacology pertaining to drug development,with scholarly reference to Rasashastra text.	Wjpsp	ISSN 2581-6217	DECEMBER 2023
38	A Case study-An Ayurvedic Management of CAD (Hridrog)	WJPR	ISSN 2277-7105	1July 2024
39	Unmad: Ayurvedic review article	Journal of Pharmacogno sy and Phytochemist ry	ISSN 2319-8234	Sept.- Oct.2024
40	Dincharya and stress management : A preventive approach	Journal of Pharmacogno sy and Phytochemist ry	ISSN 2319-8234	Sept.- Oct.2024

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41	Critical review of the concept of Desha	Journal of Pharmacognosy and Phytochemistry	ISSN 2319-8234	Nov.- Dec.2024
42	IMPORTANCE OF YUKTI (LOGICAL REASONING) IN AYURVEDIC TREATMENT AND RESEARCH	IJRAR	ISSN-2348-5138	MARCH 2025
43	ROLE OF PRAMAN IN AYURVEDA:A SCIENTIFIC APPROACH TO VALIDATION OF CLASSICAL TEXTS	IJRAR	ISSN-2348-5138	March 2025

3) (B) BOOKS PUBLISHED

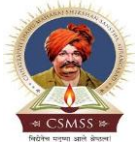
Sr. No.	Title	Name of Journal	ISSN / ISBN No.	Month / Year
-	-	-	-	-
-	-	-	-	-

4) Participation In Conference, Seminar, Cme, Workshop & Training.

Sr. No.	Name of Conference	State / National / International	Organizer	Year
01	National conference on Ayurveda:Strengths and Challenges	National	Ayurved vyaspeet,Nagpur	2013

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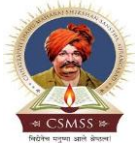
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02	6 th world Ayurved congress	International	CCIM, AYUSH, New DELHI	2014
03	International conference-Ayurveda for global well being	International	MGACH & RC Salod, Wardha.	2018

Sr. No.	Name of Seminar	State / National / International	Organizer	Year
01	Ayurvedokta atyayik chikitsa	Maharashtra state	Vidarbha Ayurved college, Amravati	1990
02	National seminar on Spinal disorder	National	G.A.C. Nanded & M.U.H.S. Nashik	2015
03	Tadvid sambhasha vidhi on IBS.		Pune	2015
04	National seminar on Panchakarma	National	C.S.M.S.S. Ayurved college, Aurangabad M.U.H.S. Nashik	2016
05	Pain management by Ayurveda	State	Ayurved vyaspeeth	2018
06	National seminar on Manas vikar	State	Ayurved vyaspeeth	2019

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Sr. No.	Name of CME	State / National / International	Organizer	Year
01	CME conducted by MCIM Aurangabad, 2012	Maharashtra state	NIMA, Aurangabad	2012
02	CME conducted by MUHS Nashik Aurangabad, 2012		NIMA, Aurangabad	2012
03				

Sr. No.	Name of Workshop	State / National / International	Organizer	Year
01	Basic workshop in research methodology	State	C.S.M.S.S. Dental college, Aurangabad & M.U.H.S. Nashik	2012
02	Workshop on shifting Paradigms competency based curriculum.	International	AYUSH, New Delhi	2014
03	Charak nirupan		C.S.M.S.S. Ayurved college, Aurangabad	2014
04	Basic workshop in health sciences education technology	State	C.S.M.S.S. Ayurved college, Aurangabad M.U.H.S. Nashik	2015
05	Sanskrit promotion	State	Sanskrit savardhan pratishthan, Delhi	2018
06	Advanced research workshop	State	C.S.M.S.S. Ayurved college,	2023

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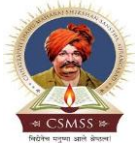
			Aurangabad M.U.H.S.Nashik	
07	Capacity building workshop	State	Bhau Mulak Ayurved college, Nagpur	2024

Sr. No.	Name of Training	State / National / International	Organizer	Year
01	Training to teachers (TTT)	State	C.S.M.S.S. Ayurved college, Aurangabad & CCIM ,Delhi	2017
02	COVID-19	National	Govt. of India	2020
03	One day online workshop on intellectual property	State	C.S.M.S.S. Ayurved college, Aurangabad	2021
04	CME of Samhita Siddhant dept.	National	AIIA,New Delhi, Dept. of AYUSH, RAV	2023

Sr. No.	Title of Poster & Paper Presented	Name of State/ National / International /	Organizer	Year
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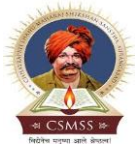
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Conference / Seminar /webinar				
01		40	-	MAR.2020 TO TILL
02				
03				

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6) Guest Lecture Delivered

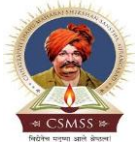
Sr. No.	Topic	Place	Date
01	History of Ayurved & New learning Pedagogy.	C.S.M.S.S. AYURVED COLLEGE,AURANGABAD TRANSITIONAL CURRICULAM	2021
02	AYUSAMVAD (Ayurveda & Covid-19)	CSMSS AYURVED COLLEGE	2021
03	Code of conduct	C.S.M.S.S. AYURVED COLLEGE,AURANGABAD TRANSITIONAL CURRICULAM -	2022
04	Code of conduct	C.S.M.S.S. AYURVED COLLEGE,AURANGABAD TRANSITIONAL CURRICULAM -	2023
05	Code of conduct	C.S.M.S.S. AYURVED COLLEGE,AURANGABAD TRANSITIONAL CURRICULAM -	2024

7) Engagement In Consultancy / Extension Service

Sr. No.	Type of Consultancy / Extension Service	Place	Date
01	Organ Donation	ZTCC organtransplant@ztccmumbai.org via	09/01/2016

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8) Awards / Recognition / Achievement / Life Membership

Sr. No.	Head	Details	Year
01	Awards	Ph.D.	2009
02	Recognition	P.G. Teacher	2008
		P.G. Guide	2013
		Ph.D. Guide	2017
03	Achievement	-	-
04	Life Membership	NIMA	2010

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